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Table 10 Population changes in the Aggregate Town Area and Aggregate Rural Area and average annual rate of estimated net migration in each Planning Region for the period 1986-1991

Planning Region	Percentage change in population 1986-1991			Average annual rates per 1,000 of average population 1986-1991			
	Total	Aggregate Town Area	Aggregate Rural Area	Births	Deaths	 Natural increase	Net migration (inward less outward)
East	1.1	1.0	1.2	16.1	7.4	8.6	- 6.5
South West	- 0.9	- 0.4	- 1.4	15.0	9.8	5.2	- 6.9
South East	- 0.5	- 0.2	- 0.6	16.1	9.1	7.0	- 7.9
North East	- 1.7	- 2.1	- 1.4	15.3	9.6	5.6	- 9.0
Mid West	- 1.5	- 1.6	- 1.4	15.6	9.6	6.0	- 9.0
Donegal	- 1.2	2.7	- 2.1	16.2	10.4	5.8	- 8.2
Midlands	- 2.9	- 2.0	- 3.3	15.4	10.1	5.3	-11.2
West	- 0.9	3.3	- 2.6	15.5	10.4	5.0	- 6.9
North West	- 3.6	- 0.8	- 4.5	14.8	12.7	2.0	- 9.5
Total	- 0.4	0.4	- 1.5	15.7	9.0	6.8	- 7.6